

# *Enjoy Affordable Yoga*



@ Transfiguration Spirituality Center

Come find wellness and peace ...

- ~Enjoy Yoga in a beautiful, serene setting.
- ~Taught with the beginner in mind yet applicable to the more experienced.

**Tuesdays 7:30 to 8:30 a.m.**

**\$5 per class**

Please R.S.V.P. to Kimberley at (513) 771-2171  
or [CTRetreats@gmail.com](mailto:CTRetreats@gmail.com).

Location: St. Mary's building at 495 Albion Avenue, Glendale (Cincinnati) 45246.

We are sorry that we cannot provide childcare.

[www.TSCRetreats.org](http://www.TSCRetreats.org)